GEOPOLITICS OF CHILD HEALTH The West African Example

J.M. Tuakli, MD, MPH Director, Center for the Health, Immunization, Learning & Development of Children (CHILD ACCRA) President, United Way Ghana

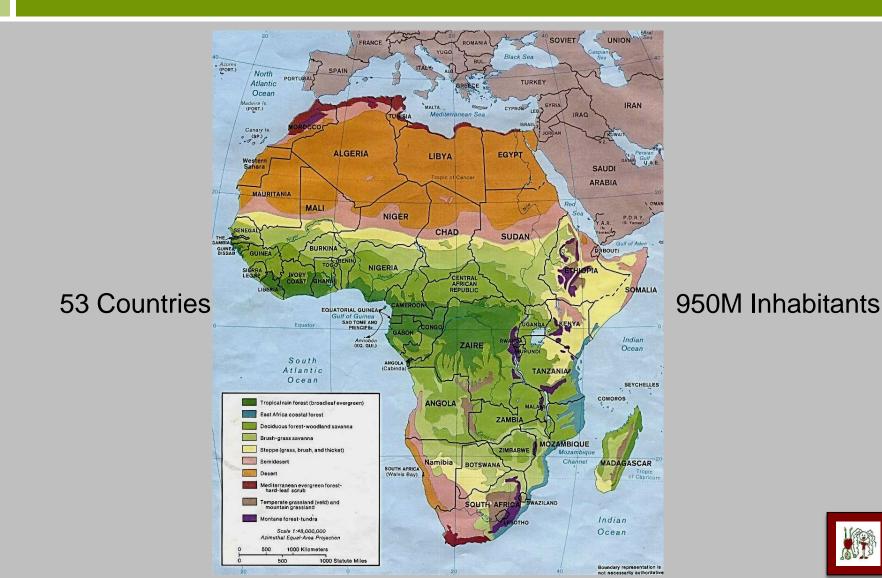
October 2011

Outline

- Economic and social value of children
- Child poverty
- Major challenges to health among children
- Corruption and the resource curse
- Role of foreign aid



Africa Today



West African Sub-Region



17 Countries

- Total population
 280M
- Youth bulge: over
 40% of the
 population is under
 15 years (vs. 20% in
 the US)

Average life
expectancy is 53 (vs.
79.5 in the US)



Childhood is a socially and culturally defined concept



- When does adulthood begin?
- These ideas change over time and context
- Reflect deeply held cultural and religious beliefs
- Policies and practices emerge from these beliefs (*not* always in child's best interest)



Universally shared attributes of childhood that underpin child health

Dependency on adults
Rapid growth and differentiation
Enhanced vulnerability
Sentimental & economic value
Inconsistent human rights



Children possess both economic and social value

Social Value

- Present in all families in the West and West African sub-region
- Outweighs economic value in wealthy families

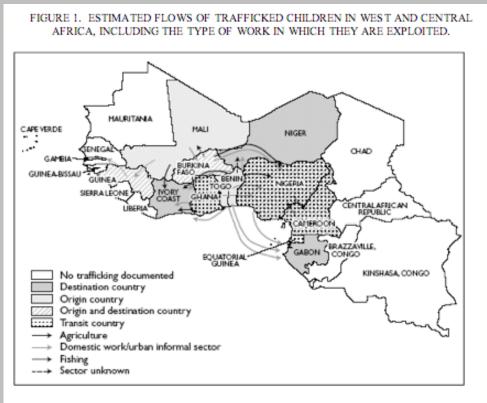
Economic Value

- Inversely proportional to a family's socioeconomic status, esp. in W. Africa
- Outweighs social value in poor families

Upsurge in child trafficking



Estimated flows of trafficked children in West & Central Africa



SOURCE: "ETUDE SOUS-REGIONALE SUR LE TRAFFIC DES ENFANTS EN AFRIQUE DE L'OUEST ET DU CENTRE, 2000" (BAZZI-VEIL: UNICEF WEST AND CENTRAL AFRICA DECIONAL OFFICE 2000)

Industries Rich in Child Labor

AgriculturalDomesticFishing



Child Poverty in West Africa

Endemic

- Causes poor health & development
- Causes reduced income potential

Degree
 Numbing in rural areas

Duration

Multigenerational

Complexity

- Polygamous households
- Intra-family social status
- No rights!!



Child Poverty in West Africa

"Where, after all, do universal human rights" begin? In small places, close to home – so close and so small that they cannot be seen on any maps of the world. Yet they are the world of individual persons, the neighborhood they live in, and the school they attend, the factory, farm or office they work in. Such are the places where every man, woman and child seeks equal justice, equal opportunities and equal dignity without discrimination. Unless these rights have meaning there, they have little meaning anywhere."

Eleanor Roosevelt

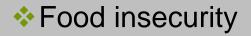


Impact of child poverty

<10% GDP expended on family and social benefits</p>

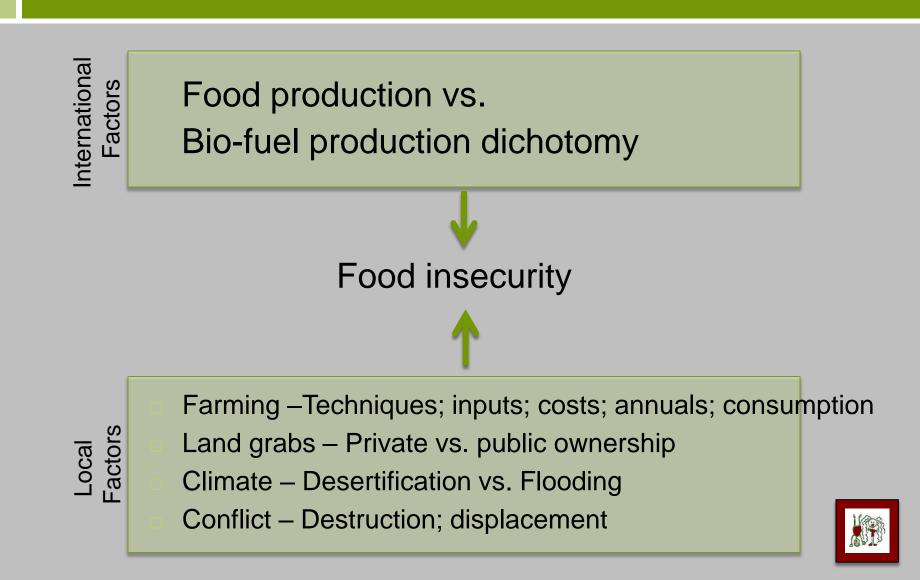
Access to education directly impacts economic inequalities (Anglophone << francophone)</p>

- Low educational attainment
- Poor health
 - Chronic malnutrition results in sub-optimal cognitive function
 - Poor health results inter-generational cycles of poverty
 - Few babies even registered at birth

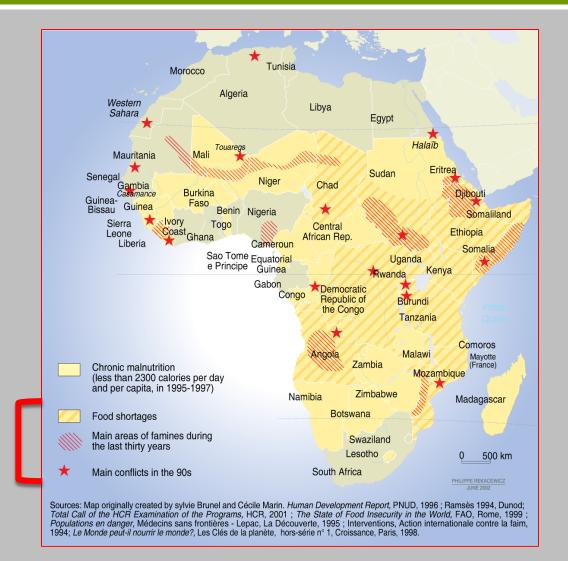




Food security is a growing problem



Food shortages, famine and conflict conspire to worsen child poverty





Millennium Development Goals

- End poverty & hunger
- Provide universal education
- Promote gender equality
- Optimize child health across Africa
- Optimize maternal health across Africa
- Combat HIV/AIDS
- Cultivate environmental sustainability
- Establish global partnerships



Health challenges for West African children: Compromised health status

- Pervasive malnutrition at macro & micro level
- Preventable acute illnesses and infestations (malaria, respiratory illness, diarrhea)
- Limited medical resources to appropriately treat
- Environmental & living conditions that are inadequate
- Lack of access to adequate health and education
- Burden of HIV on all aspects of health for mother and child



Health challenges for West African children: Violence and abuse of human rights

- Internal and external displacement (>half refugees)
- Physical violence (police arbitrary arrest/detention)
- Sexual violence and exploitation; trafficking
- Abduction/Recruitment for forced labor; child marriage
- Abandonment (HIV, neglect)
- Road traffic accidents



Health Challenge Paradigm

Poor health of West African children is both a cause and consequence of the violation of their human rights.

Failure to respect their right to safe drinking water, adequate housing and nutrition; education and social protection increases their vulnerability.





UNICEF: Using child health and safety as a parameter for child well-being



Poverty Social exclusion Gender discrimination Politic insecurity Low capacity

Childhood Well-Being:

- Health and Safety
- ✤ Material
- Education
- Family and Peer relations
- Behaviors and Risk
- Subjective



Eight Sub-Region "Super Powers"

China, France, UK, USA, Germany, Japan, EU, UN

Interests – economic; energy resources e.g. uranium and oil (China)

Military (US, France, UK)

Platforms of concern cited – poverty, disease, crime, terrorism, state collapse, state failure



The "Resource Curse" (the Dutch disease)

Countries who depend on natural resources for export:

Large inflows of foreign currency reduce the competitiveness of that country's exports.

Large inflows of foreign currency reduce accountability and encourage corruption.

The natural resource boom crowds out other important sectors of the economy.





Corruption and Conflict





Corruption and Conflict Kill !



Human rights should be central to post-conflict reconstruction (DDR)



Can more **aid** be the answer?





It's a question of capacity, not money

- 860/100,000 women (mostly young and healthy) die during childbirth
- These conditions & problems are <u>PREVENTABLE!</u>
- Weak capacity (not finances)
 - Shortage of doctors, nurses, drugs, equipment
 - Poor roads; transportation is private, male-owned, complexity gendered
 - Imagine: A daylong, bone rattling journey on back of a bike with arm or leg of unborn child already protruding...



Any available services are further undermined

High maternal mortality rates
Poor neonatal outcomes
Low birth registration rates

2009 Washington Post article: "A third of the World Bank Health Programs are Ineffective"

Good health is a right!



Aid quality vs. quantity

At the G8 meeting in 2005, the focus shifted from aid quality rather than quantity.



Putting the "C" back into Child Health





Putting the "C" back into Child Health

Capacity – health, vaccines, youth training, **IFYC** nutrition centers Civic literacy – political, social, medical, HR Communication-Diaspora define & dialogue, internships, exchange, PPP's Cash transfers – education, health & nutrition, using youth especially Community Care – involvement, esp. youth





"We come unbidden into this life, and if we are lucky we find a purpose beyond starvation, misery and early death; which, lest we forget is the common lot."

Abraham Verghese, M.D., from Cutting for Stone (©2009)



CHILD ACCRA

P.O. Box KIA 9399 West Airport, Accra, Tel: 028-954-3716/0302 782464 www.childandassociates.org / Email: CHILDAccra@gmail.com

CHILD ACCRA is the Centre for the Health, Immunization, Learning & Development of Families

A non-profit centre providing health care, patient education and provider training.

Our Beginning Since CHILD ACCRA started in 2005, we have helped many families with their health care needs

Our Services

Routine medical care:

Trauma Allergy / Asthma - testing & management Seizure disorders Medical evaluations Emergency care / Med-evacuations House calls Hospital care management <u>Other Health Care</u>

Public Health:

Screenings Immunizations Consultancies Informational brochures Seminars

Pre-employment / Work permit Medicals Travel medicine packs Postgraduate student preceptor-ship in Child Health, Child Development Nutrition, HIV, Public Health



Developmental & Behavioral Assessment:

- Bedwetting (medical and behavioral management)
- Behavioral problems
- Chronic Constipation
- Eating Problems
- Learning Problems
- School delays

For our Young Adults CHILD ACCRA provides full spectrum primary care and gynecological services

