

Name _____ Date _____

Build Your Own Hero's Journey Worksheet

1. Here is a blank ring representing the stages of the hero's journey. It's your job to fill in each stage with models that represent what happens during that stage. Use the model labels to remember what each stage of the hero's journey is called.
2. Start with the stage labeled "Ordinary World." This is where the hero's story begins. Open your Backpack and select some models to describe the hero's normal life. Add them to the scene. Why did you pick those models? Take a photo.
3. Next, look at the stage for the "Call to Adventure, Refusal of the Call, and Meeting the Mentor." This is when an event happens that motivates the hero to go on an adventure. The mentor is someone who helps the hero gain the courage to begin the journey. Open your Backpack and add some models to describe this stage. Why did you pick those models? Take a photo.

4. Next, look at the stage for “Crossing the Threshold.” This is the moment when the hero decides that he or she must go on the journey. Open your Backpack and add some models to describe this stage. Why did you pick those models? Take a photo.

5. Next, look at the stage for “Tests, Allies, and Enemies.” This is the stage where lots of events happen for the protagonist. The hero meets new people and faces challenges. Open your Backpack and add some models to describe this stage. Why did you pick those models? Take a photo.

6. Next, look at the stage for the “Abyss.” This is the point when the hero doubts he or she can complete the journey. Things are going badly for the hero. Open your Backpack and add some models to describe this stage. Why did you pick those models? Take a photo.

7. Next, look at the stage for the “Climax.” This is where the hero faces a final challenge where a lot is at stake. Open your Backpack and add some models to describe this stage. Why did you pick those models? Take a photo.

8. Next, look at the stage for the “Transformation.” This happens when something changes for the hero based on all the adventures he or she has had up until this point. Open your Backpack and add some models to describe this stage. Why did you pick those models? Does your hero experience an external or internal change? Take a photo.

9. Finally, look at the stage for the “Return Home.” This is when the hero returns to his or her usual life, but also brings back something that he or she gained from the journey. Open your Backpack and add some models to describe this stage. Why did you pick those models? What did the hero bring back? Take a photo.